



**All proceeds will benefit  
Rockingham Memorial Hospital  
Breast Cancer Treatment**

**11th Annual Race to Beat  
Breast Cancer 5K  
Run/Walk**

**October  
26th**

**Basic Information:**

The top three in each age division receive a race medal.  
(-17, 18-29, 30-39, 40-49, 50-59, 60+)

Refreshments provided before and after the event.

T-shirts will be provided to the first 500 pre-registered.  
(500 person field limit).

T-shirt sizes are not guaranteed after Oct. 18<sup>th</sup>. (T-shirts  
will not be ordered after Oct. 18<sup>th</sup>).

Race Packet pick-up will be available the Friday prior to  
the race.

**Race Day Times:**

7:00 a.m. —Race Facility Opens

9:00 a.m. —Introductions and Cancer Survivor Testimonials

9:30 a.m. —5K Runners Start, Walkers Start After

**Mail-in or Drop-off Registration:**

305 South Dogwood Drive, Harrisonburg, VA, 22801.

Attn: Erik Dart

Please make checks payable to: Rockingham Memorial  
Hospital. Please specify "Race to Beat Breast Cancer" in  
the "for" section of your check.

**Online Registration:**

Go to [www.active.com](http://www.active.com) and search 11<sup>th</sup> Annual Race to Beat  
Breast Cancer.

**Registration ends Oct. 25<sup>th</sup>. There will be no race-day  
registration.**

**Directions:** From I-81, take exit 245 (Port  
Republic Rd.). Go West onto Port Republic  
Road, (toward JMU). Continue straight on  
Port Republic Road, cross over Rt. 11, (S.  
Main Street). When you cross Rt. 11, Port  
Republic Road becomes Maryland Avenue.  
Continue straight on Maryland Avenue and  
cross over Rt. 42 (S. High Street). After  
crossing Rt. 42, take the second right onto  
Dogwood Drive. Stay on Dogwood for  
about 1/2 mile until you see Westover Park  
on the left. Turn into Westover Park and  
the Community Activities Center will be  
straight ahead. If you have any problems,  
call (540) 433-9168.

**Sign-Up Form Title**

Name \_\_\_\_\_  
Group (if applicable) \_\_\_\_\_  
Age Gender T-shirt Size (Adult Sizes)

Address \_\_\_\_\_  
Address (cont) \_\_\_\_\_  
Phone \_\_\_\_\_

Signature and Waiver Acknowledgement

Email \_\_\_\_\_

**Sign up for:**

☐

5K Run/Walk

Early  
Registration

\$20

Late Registration  
(After: 10/18/13)

\$25

☐

5K Run/Walk  
(Group Discount)

\$15

\$15

**Minimum of 5 for group  
discount such as  
businesses, teams,  
clubs, sports,  
fraternities, sororities,  
civic organizations,  
etc.\***

**(No Refunds)**

Subtotal: \_\_\_\_\_

Additional \_\_\_\_\_

Donation: \_\_\_\_\_

Total: \_\_\_\_\_

**Waiver:** I hereby release the City of Harrisonburg, its employees, and volunteers from all claims for damages arising from any accidents or injury, which are caused by or arise from the participation of the above named applicant during any program or in any facility or at any location where this program is held. I grant permission to use my photo in promotional material to promote the Race to Beat Breast Cancer 5K.